

RESTAURANT IMPOSSIBLE FITNESS GAME

Brought to you by Robert Irvine's FIT Crunch



Pregame deliciously
with FIT Crunch!



**EVERY TIME
ROBERT YELLS**

(5) Pushups



**OWNER GETS
IRRITATED/ANNOYED**

(5) Sit-ups



**ROBERT SPITS
OUT FOOD**

(5) Squats



FAMILY ISSUE/FIGHT

(30 secs) Plank



USES FROZEN FOOD

(10) Star Jumps



SOMEONE CRIES

(5) Burpees



**SOMEONE COMPLIMENTS
A DISH**

(5) Criss-Cross Jumping Jacks



**ROBERT YELLS
"TOOOMM!"**

(10 secs) Bicycle Kicks



**ROBERT USES THE
SLEDGEHAMMER**

(10) Chair Dips



**TALK BUDGET/ RUN INTO
PRICE PROBLEM**

(30 secs) Wall Sit



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